









Summer ☑ Menu 2025 – 5-week rotations. This is subject to change depending on supply of groceries. Please comment or add suggestion at the bottom of the menu.

WEEK A				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 🍳 Cheese toasties Cereal Rice Bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 English muffins Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Fruit bread Rice bubbles Weet bix Cornflakes Fruit bowl
Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables
Afternoon tea Popcorn, cubed cheese and vegetable sticks  plant based 🌿 SDS: children can select to meet their dietary needs	Afternoon tea Sandwiches wholemeal and grain bread Cheese Chicken, Tuna and mayo Vegemite, Honey, Butter SDS: Sunrice ricecakes	Afternoon tea Yoghurt and oats  SDS: popcorn	Afternoon tea Nacho's Cheese Passata Corn chips plant based 🌿 SDS: rice crackers	Afternoon tea Rice cakes, plain and flavoured with salad, tuna, chicken and cheese. SDS: children can select to meet their dietary needs
5pm snack Popcorn and fruit	5pm snack Milk arrowroot and fruit	5pm snack Oreo and fruit	5pm snack Fruit and Milk arrowroot biscuits	5pm snack Popcorn and fruit
Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk
Children's choice CC – Family choice FC - Special Event SE – Cultural item – CI - special dietary selection – SDS				

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WEEK B				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 🍳 Multigrain toast Cereal Rice Bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Spaghetti toasties Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix, Cornflakes Fruit bowl Banana smoothies	Breakfast 🍳 English muffins Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl
Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables
Afternoon tea Sandwiches wholemeal and grain bread Cheese Chicken, Tuna and mayo Vegemite, Honey, Butter SDS: Sunrice rice cakes 	Afternoon tea Popcorn, cubed cheese and vegetable sticks plant based 🌿 SDS: children can select to meet their dietary needs 	Afternoon tea Cruskits Vegemite Cheese, Butter, Honey Chicken, Ham, Tomato SDS: Rice crackers and toppings	Afternoon tea Rice cakes flavoured and plain. Vegetables Chicken, Ham Cheese, Honey, Butter SDS: children can select to meet their dietary needs	Afternoon tea Sao's Vegemite Cheese Butter Honey Ham and tomato SDS: Sunrice rice cakes 
5pm snack Popcorn and fruit	5pm snack Milk arrowroot and fruit	5pm snack Oreo and fruit	5pm snack Rice crackers and fruit	5pm snack Rice cakes and fruit
Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk
Children's choice CC – Family choice FC - Special Event SE – Cultural item – CI - special dietary selection – SDS				
Reflection:				





Summer ☑ Menu 2025 – 5-week rotations. This is subject to change depending on supply of groceries. Please comment or add suggestion at the bottom of the menu.

WEEK C				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 🍳 English muffins Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Cheese toasties Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Oats and yoghurt Cereal Rice Bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl
Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables
Afternoon tea Yoghurt and oats SDS: popcorn 	Afternoon tea Sandwiches wholemeal and grain bread Cheese Chicken, Tuna and mayo Vegemite, Honey, Butter SDS: Sunrice rice cakes 	Afternoon tea Rice cakes flavoured and plain. Vegetables Chicken, Ham Cheese, Honey, Butter SDS: children can select to meet their dietary needs	Afternoon tea Nacho's Cheese Passata Corn chips plant based 🌿 SDS: rice crackers 	Afternoon tea Cruskits Vegemite Cheese Butter Honey Vegetable sticks plant based
5pm snack Rice cakes and fruit	5pm snack Popcorn and fruit	5pm snack Pretzels and fruit	5pm snack Oreos and fruit	5pm snack Popcorn and fruit
Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk






Children's choice CC – Family choice FC - Special Event SE – Cultural item – CI - special dietary selection – SDS plant based 🌿

Reflection:

Summer ☑ Menu 2025 – 5-week rotations. This is subject to change depending on supply of groceries. Please comment or add suggestion at the bottom of the menu.

WEEK D				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 🍳 Cheese toasties Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Raisin toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 English muffins Cereal Rice bubbles Weet bix Cornflakes Fruit bowl	Breakfast 🍳 Oats and yoghurt Cereal Rice bubbles Weet bix Cornflakes Fruit bowl
Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables
Afternoon tea Simple Sandwiches; wholemeal and multigrain bread Cheese, butter Vegemite, Honey SDS: Sunrice rice cakes 	Afternoon tea Cruskits Vegemite Cheese Butter Honey Ham and tomato Chicken Vegetable sticks	Afternoon tea Popcorn, cubed cheese and vegetable sticks plant based 🌿 SDS: children can select to meet their dietary needs 	Afternoon tea Sao's Vegemite Cheese Butter Honey Ham and tomato SDS: Sunrice rice cakes 	Afternoon tea Sandwiches; wholemeal and grain bread Ham and cheese Chicken, Tuna and mayo Vegemite Honey SDS: Sunrice rice cakes 
5pm snack Popcorn and fruit	5pm snack Rice crackers and fruit	5pm snack Rice cakes and fruit	5pm snack Popcorn and fruit	5pm snack Oreos and fruit
Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk
Children's choice CC – Family choice FC - Special Event SE – Cultural item – CI - special dietary selection – SDS				
Reflection:				

Summer ☑ Menu 2025 – 5-week rotations. This is subject to change depending on supply of groceries. Please comment or add suggestion at the bottom of the menu.

WEEK E				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 🍳 Cheese toasties Cereal Rice bubbles Weetabix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weetabix Cornflakes Fruit bowl	Breakfast 🍳 Raisin toast Cereal Rice bubbles Weetabix Cornflakes Fruit bowl	Breakfast 🍳 Multigrain toast Cereal Rice bubbles Weetabix Cornflakes Fruit bowl Berry smoothies	Breakfast 🍳 English muffins Cereal Rice bubbles Weetabix Cornflakes Fruit bowl
Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables	Fruit and vegetables Seasonal fruit and vegetables
Afternoon tea Rice crackers flavoured and plain Vegetables Chicken, Ham, Cheese SDS: children can select to meet their dietary needs 	Afternoon tea Nacho's Cheese Passata Corn chips plant based 🌿 SDS: rice crackers 	Afternoon tea Sao's Vegemite Cheese Butter Honey Ham and tomato SDS: plain Rice crackers 	Afternoon tea Sandwiches; wholemeal and grain bread Ham and cheese Chicken Tuna and mayo Vegemite, Honey SDS: Sunrice rice cakes 	Afternoon tea Yoghurt and oats SDS: popcorn 
5pm snack Oreos and fruit	5pm snack Rice crackers and fruit	5pm snack Saos and fruit	5pm snack Plain biscuit and fruit	5pm snack Pretzels and fruit
Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk	Beverages Water or low-fat milk

Children's choice CC – Family choice FC - Special Event SE – Cultural item – CI - special dietary selection – SDS

Reflection: